

Recovery Coaches



Give a Care 
Your life. Your choice.

What are Recovery Coaches?

Recovery Coaches are a new NDIS support item that provide support to people living with psychosocial disability to live a full and contributing life.

Recovery Coaches are a game changer in mental health promoting the belief that people are the experts in their own lives and have the internal resources to move beyond their diagnoses and reconnect with their strengths and capabilities.

What can we help you with?





Our Recovery Coaches will support you in:

- Increasing your recovery skills and personal capacity including motivation, strengths, resilience and decision-making
- Recovery planning
- Coordinating NDIS and broader supports
- Having greater control in your daily living and self-management

Why choose Give a Care?

Our Recovery Coaches are all highly qualified in mental health, with experience working with people living with psychosocial disability. Our team of coaches will help you on your journey to living a more meaningful life. We truly give a care!

Get in Touch

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